

Medical Services Review Board

Meeting Minutes
October 8, 2015

Members present

Beth Baker, M.D.
Ernest Lampe, M.D.
Matthew Monsein, M.D.
Reed Pollack
Hans Thurmer, D.C.

Member alternates present

Laura Breeher, M.D. (phone)
Natalie Haefner
Lisa Hanselman, OTR/L
Kimberly Olson, R.N.

Visitors present

Ceil Jung, SFM
Susan Giguere, WAPS
Erin Huppert, Allina

Members absent

Jeffrey Bonsell, D.C., chairman
Michael Goertz, M.D., vice chairman
Matthew Abdel, M.D.
Brennan McAlpin
Kathi Hendrickson, R.N.
Jody Ruppert, OTR/L
Russell Gelfman, M.D.
Dan Wolfe, P.T., G.D.M.T.
Jonathan Arnold, D.C.
Robert Pandiscio, R.N.
Robin Peterson, P.T.
Margaret Spartz, M.D.

Staff members present

Kate Berger
Anita Hess
Karen Kask-Meinke
Chris Leifeld
Jessica Stimac
Lisa Wichterman

Call to order and introductions

The meeting of the Medical Services Review Board (MSRB) was called to order at 4:08 p.m. by Assistant Commissioner Chris Leifeld. A quorum was met. Chairman Jeff Bonsell, D.C., and Vice Chairman Michael Goertz, M.D., were unable to attend the meeting. A vote was called to approve Beth Baker, M.D., as acting chairwoman in their absence. All were in favor.

Approval of the minutes

The minutes from the April 16, 2015, meeting were presented. Matt Monsein moved to approve them. Lisa Hanselman seconded the motion. The board voted unanimously to approve the minutes.

Meeting agenda

There were no additions to the agenda. Natalie Haefner moved to approve the agenda. Hans Thurmer seconded the motion. The board unanimously approved the agenda.

Announcements and update – Assistant Commissioner Leifeld

The Workers' Compensation Advisory Council meets Oct. 14 to begin the process for workers' compensation legislation for the next legislative session.

Ernest Lampe, M.D., has been tentatively hired by DLI to act as the new medical consultant.

Review of current injection treatment parameter rules – Kim Olson

Kim Olson presented information in her handout, *Injections as noted in the Minnesota workers' compensation treatment parameters*, dated July 13, 2015. The current treatment parameters are based on literature and consensus from about 1990. The board will review the current guidelines about injections to determine if any updates are needed. There is a rules process for what we can update. Guidelines, such as ACOEM, ODG, ICSI, ASIPP and other states, have already done some of this research. Olson suggested we look at these guidelines to see how and if the current Minnesota treatment parameters can be updated.

Future treatment parameters – Reed Pollack

Pollack suggested the board move forward on reviewing the current injection treatment parameters. He also suggested more details be added (for example, what a positive response to an injection is and how improvement is measured). Pollack suggested looking at new specialty drugs.

There was some discussion about a trend to evidence-based medicine or value-based services. Lampe brought up Medicare's concept of paying a fixed price for a package of service to get specified results.

Monsein made a motion, seconded by Pollack, recommending the board address the current treatment parameters for epidural steroid injections and medial branch blocks, and compare them with guidelines from ACOEM, ODG, ICSI, ASIPP and other states. To assist in this recommendation, DLI agreed to compile information regarding injections and how other guidelines address them; DLI will send the information to the board before the next meeting. The board can then determine if updates are needed and make recommendations to DLI.

ICD-10 update – Lisa Wichterman

The federal government replaced ICD-9 with ICD-10 on Oct. 1, 2015. DLI has updated the rules to reflect the change.

New business – Acting Chairwoman Baker

There is no new business.

Adjournment

Baker moved to adjourn the meeting. Pollack seconded the motion. All voted in favor and the motion carried. The meeting was adjourned at 5:30 p.m.

Next meeting date: Jan. 21, 2016