

# Functional Capacity Evaluation

NAME	SSN or WID	DATE OF INJURY	DATE OF BIRTH
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Client works on average of  8  10 or  12 hours per day (check one)

1. In a work day, client can (check number of hours full capacity for each activity).

- |          |                            |                            |                            |                            |                            |                            |                            |                            |                            |                             |                             |                             |
|----------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|
| a. Sit   | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 | <input type="checkbox"/> 9 | <input type="checkbox"/> 10 | <input type="checkbox"/> 11 | <input type="checkbox"/> 12 |
| b. Stand | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 | <input type="checkbox"/> 9 | <input type="checkbox"/> 10 | <input type="checkbox"/> 11 | <input type="checkbox"/> 12 |
| c. Walk  | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 | <input type="checkbox"/> 9 | <input type="checkbox"/> 10 | <input type="checkbox"/> 11 | <input type="checkbox"/> 12 |

Comments: (If appropriate, note frequency per hour or day)

NOTE: For a full regular work day "Occasionally" equals 1% to 33%, "Frequently" equals 34% to 66%, "Continuously" equals 67% to 100%

- |                                   |                          |                          |                          |                          |
|-----------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 2. Client is able to: (check one) | Not at All               | Occasionally             | Frequently               | Continuously             |
| a. Twist                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Bend/Stoop (lumbar)            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Cervical Bend                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Squat                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Crawl                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Climb Ladders                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Climb Stairs                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Reach Above Shoulder Level     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Crouch                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Kneel                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Balance                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Walk on Uneven Ground          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| m. Work Above Ground              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| n. Push/Pull                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| o. Other: _____                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- |                            |        |              |            |              |
|----------------------------|--------|--------------|------------|--------------|
| 3. Client can carry (lbs.) | Seldom | Occasionally | Frequently | Continuously |
| _____                      | _____  | _____        | _____      | _____        |

- |                            |        |              |            |              |
|----------------------------|--------|--------------|------------|--------------|
| 4. Client can lift (lbs.): | Seldom | Occasionally | Frequently | Continuously |
|----------------------------|--------|--------------|------------|--------------|

- |                            |       |       |       |       |
|----------------------------|-------|-------|-------|-------|
| a. Floor to Waist          | _____ | _____ | _____ | _____ |
| b. Waist to Shoulder Level | _____ | _____ | _____ | _____ |
| c. Shoulder to Overhead    | _____ | _____ | _____ | _____ |
| d. Waist to Waist          | _____ | _____ | _____ | _____ |

5. Client can use hands for frequent action such as:

- |          |                                                          |                                                          |                                                          |
|----------|----------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
|          | Simple Grasping                                          | Firm Grasping                                            | Fine Manipulating                                        |
| a. Right | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| b. Left  | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |

6. Client can use head and neck:

- |                    |                          |                          |                          |                          |
|--------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|                    | Not at All               | Occasionally             | Frequently               | Continuously             |
| a. Static position | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Flexing         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Rotating        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

7. Restriction of Activities Required by Physical Impairment

- |                                       |                                                |                                               |                                          |
|---------------------------------------|------------------------------------------------|-----------------------------------------------|------------------------------------------|
| <input type="checkbox"/> extreme cold | <input type="checkbox"/> extreme heat          | <input type="checkbox"/> wet or humid         | <input type="checkbox"/> slippery floors |
| <input type="checkbox"/> vibration    | <input type="checkbox"/> near moving equipment | <input type="checkbox"/> drive auto/equipment | <input type="checkbox"/> other: _____    |

8. Comments/Recommendations

SIGNATURE OF THERAPIST	DATE
SIGNATURE OF PHYSICIAN	DATE